



**PIPPA'S**  
Health Centre Limited

The Fitness Professionals

DATE: SATURDAY, MAY 21<sup>st</sup>, 2016

ATTN: ALL MFDA PARENTS

**SUBJECT: MFDA AWARDS MEMO**

Dear Parents,

With the Awards rapidly approaching, please take note of the following important points:

1. **MFDA last week of classes** – Please note that the Awards week (**Monday, June 6<sup>th</sup> to Saturday June 11<sup>th</sup>**) will bring the 2015/2016 MFDA dance year to an end. If your ward is not participating in the Awards, the last week of classes will be **Monday, May 30<sup>th</sup>, to Saturday, June 4<sup>th</sup>, 2016**. Information for the 2016/2017 dance year will be sent out by the end of June/early July via email. Kindly check the website as well for these details.
2. **Lunch** - Please ensure that your ward eats lunch at least an hour before the Awards. This will allow the food to digest so he/she does not feel heavy when doing a jumping exercise.
3. **Arrival times** - Kindly ensure that your ward arrives at least **30 MINUTES** before his/her scheduled Award time.



#### 4. Grooming

- Ensure that your ward has the correct uniform for the Awards. Emails were sent out stating the required MFDA regulatory uniform for the Awards. If your ward does not have the correct uniform, please make sure you order it from the Front Office. As we stated earlier, we are not ordering any new uniforms so if we do not have an item you ordered in stock, you are responsible for making sure your ward has that item for the Awards!
- Hair should be off the face and pulled back into a **classical ballet bun** the for **ALL** ballet students with hair that is long enough. Jazz students with long hair should have their hair off their face and pulled back into a **ponytail**. Hair that is too short for a bun/ponytail needs to be pinned/gelled back and secured with a regulation headband for ballet/prima dancers, or with a black headband for jazz. There should be no loose hairs out of place. Kindly use hair gel and hair pins to ensure your ward's hair is in place.
- There should be no holes in your ward's ballet leotard, tights or shoes!!!
- All ballet shoes should be cleaned with a sponge and soapy water so they are shining.
- REMEMBER: PERSONAL AND SOCIAL DEVELOPMENT MAKE UP 20 POINTS OF THE GRADE, AND GROOMING IS A PART OF THAT.

5. **Photographs** – Students who opted to have their pictures taken will have them taken after their Award in the upstairs lounge. Parents are kindly asked to wait downstairs for their ward(s) as they have their pictures taken.